
Chatswood Junior Rugby Club



Introduction to Minis Rugby (U5-U9's)

Season 2017 – Second Edition



Introduction to Minis (U5-U9s)

Season 2017 – Second Edition

Welcome to the Chatswood Junior Rugby Club (CJRC) for 2017

The purpose of this introduction is to outline some of the features of CJRC and to assist families (especially those new to the club) with information about the season ahead. We hope that outlining a few of the more important factors will help you enjoy your involvement with CJRC Minis in 2017.

About the Chatswood Junior Rugby Union Club

Chatswood Junior Rugby Club (CJRC) was born in the early 1960's from the senior Chatswood Rugby Club, itself established in 1912.

The club's mission is to provide all children with the opportunity to learn and play the game of Rugby in an environment that is friendly, safe, fun and fair; and to provide players' families with the opportunity to be involved in a progressive club through the game of Rugby.

CJRC is part of the Gordon Village of Rugby Clubs on the North Shore of Sydney, Australia. Other clubs in the area include Lindfield, Lane Cove, Roseville, Wahroonga, Hornsby, Killara-West Pymble and St Ives. Further afield we also play against Mosman, Norths and Hunters Hill.

The Club is based at Beauchamp Oval, Nicholson Street, Chatswood where we have access to a full playing field, a clubhouse and canteen.

Modified versions of rugby have been created in Australia for safety and to enhance enjoyment and player development. Through non-contact forms of the game, children as young as five can greatly enjoy rugby at Chatswood. The game formats available at Chatswood are:

- "Minis" age groups - Walla rugby (5-8 yrs), Mini rugby (9-10yrs)
- "Juniors" age groups - Midi rugby (11-12 yrs), Junior rugby (13+yrs)

Key Dates for your diary (subject to change)

- 19 Feb Try Rugby and Registration Day (Beauchamp Park)
- 1 Mar Pre-season training begins for U6-U9's
 - then subsequent Wednesdays (8, 15, 22, 29 Mar and 5 Apr)
- March Gear distribution – dates tbc
- 25 Mar Parents Info Night and Welcome to Chatswood, The Willoughby Hotel
- 1 Apr Gordon Gala Day, hosted by Lindfield Junior Rugby Club, rounds 1 & 2
- 8 Apr Round 3 Regular Saturday games (start of Term 1 school holidays)
- Jun-Jul (tbc) Parents Gala evening



Introduction to Minis (U5-U9s)

Season 2017 – Second Edition

Club, Age Group and Team Management

Key committee members in 2017

- President: Mark Frederikson president@chatswoodjuniorrugby.com.au
- Vice Pres Minis (u5-u9): Jason Gay vpminis@chatswoodjuniorrugby.com.au
- Vice Pres Juniors (u10+): Mal Hyslop vpjuniors@chatswoodjuniorrugby.com.au
- Secretary: Lyndon Burke secretary@chatswoodjuniorrugby.com.au
- Registrar: Cameron McNeil registrar@chatswoodjuniorrugby.com.au
- Treasurer: Tony Re treasurer@chatswoodjuniorrugby.com.au
- Social media: David Gray social@chatswoodjuniorrugby.com.au

Age Group Coordinators (AGCs) for 2017

- U5 Andrew Battishall abattishall@hotmail.com
- U6 Sarah Bernhardt sarah@bernhardi.co.uk
- U7 Andrew Battishall abattihsall@hotmail.com
- U8 Ben Sharp ben.sharp@yahoo.com.au
- U9 Ed Lloyd ejlloyd1@gmail.com

Each team has a Coach, Assistant Coach and a Team Manager. For any queries contact your Team Manager in the first instance. Team Managers' will escalate to the relevant AGCs and Vice President if necessary.

Contact details of office bearers, AGCs, Coaches and Team Managers are published on the CJRC website.

Player Registration

CJRC Try Rugby and Registration Day will be held on Sunday 19th February 2017 from 9am at Beauchamp Park. Online registrations will be enabled from early February via the club website (link: <http://cjrug.by/rego>). We encourage all families who have previously been involved with CJRC to re-register online for 2017.

Gear

Every new player receives a backpack with their initials, training t-shirt, shorts, socks, water bottle, cap and club stickers with their 2017 registration fee. Returning players will receive training t-shirt and cap and can purchase other items if necessary (link below).

These will be available at the gear distribution evenings in March. Boots and mouth guards (mandatory) and headgear (optional) are to be supplied by each family.

Note: All U8 players receive headgear from the club at no cost. Extra kit can be purchased online through our sponsors Paladin Sports. Visit the CJRC shop at www.paladinsports.com.au



Introduction to Minis (U5-U9s)

Season 2017 – Second Edition

Training U6's – U9's (U5's don't attend training)

Pre-season training begins Wednesday 1 March 2017 at Beauchamp Park. It's strongly encouraged that players attend to meet their Coaches and fellow players. The focus is on fun, footy and fitness.

Wednesday evenings throughout the season is training day for the Club at the following times:

- Under 6 & Under 7: 4-5pm
- Under 8 & Under 9: 5-6pm

Note: There is no training for under 5's.

The canteen & BBQ operates on training nights for a post-run around feed for your hungry players.

Games

Traditionally, the first round of games is the Gordon Gala day hosted by Lindfield Junior Rugby Club – this year is Saturday 1 April 2017. Each team normally plays two games at the Gala Day.

Up to 16 rounds are then played either at our home ground, Beauchamp Park or away at other clubs. Games for Minis are played on Saturday mornings between 8am and 11.30am.

There are no games during school holidays or on public holiday weekends such as the June long weekend with the exception that there is a game on 8 April this year. The first games after the Term 1 school holidays will be on 29 April 2017. The season then ends approximately at the end of August. Draws for the remainder of the season will be distributed by Team Managers and also to your smartphone or table via the CJRC Team App (see below).

Each team will be allocated at least one day per year when they are responsible for one or more of the following activities - set-up, timing, packing away and general ground management. More information will be provided to Team Managers and Coaches.

We leverage the services of Terry Preston and his company, Little Legends, to run our Mighty 5's programme. The programme is for all registered players who are U4 or U5. Terry and Little Legends are very skilled and experienced working with kids this age and your kids will love his sessions.

The initial Mighty 5's session is on **Saturday 30 April at 9.30am**. The session runs for 1 hour and involves games, skills and FUN! There will be 12 further sessions throughout the season.

Team Selection Policy

Our philosophy at Chatswood is that we aim to keep everyone happy. However, as you will appreciate, there are many factors to consider in determining which team your child plays for. The creation of teams in the Minis does not involve any assessment of ability i.e. there is no grading of teams or players.

Our process for creation of teams is:

- a) Allocation of players to teams is the responsibility of the Age Group Coordinator and Vice President of Minis, with input from the Coaches and any player requests. When a team progresses from one age group to the next, existing players in a team have priority to remain together;
- b) Each team should, where possible, have a balanced representation of players from more than two schools. The club has found that this greatly enhances the friendship and social aspects of the club. We do not aim to create teams based on schools alone;
- c) Each new player joining will, where possible, have a friend (someone he or she already knows) in the team. Experience has shown, however, that even without a friend, children assimilate and make new friends very quickly, especially with the help of team coaches and managers; and
- d) Requests by individual players at the time of registration to be selected for a particular team will be granted where possible.

Club and Team Involvement

We encourage every parent to become as involved in the club as they can. CJRC is an active club with numerous events throughout the season in addition to training and weekly fixtures. For the club to operate smoothly, parental involvement at these events and on training/match days is essential. Without the valuable support of volunteer parents CJRC simply would not exist.

We encourage every parent to assist where possible, no matter how minor the task. Many years of experience suggests that the more parents that volunteer their time and help out, the more social and vibrant community atmosphere we have.

continued over page ...

Club and Team Involvement (cont.)

Areas where you may be able to help are:

- Becoming a Team Manager, Coach or Referee;
- Assisting coaches/managers team with training, first aid, refreshments and substitution at games;
- Participating in ground management when your team is rostered for Ground Marshall duties;
- Helping with special events such as the club's parents Gala night; and
- Organising your replacement if you are unable to fulfil a duty that has been allocated to you.
- The Age Group Coordinator and Team Managers will organise volunteers to perform the duties at the start of the season and/or as required during the course of the season.

Coach and Referee Development

All Coaches are trained in the ARU's "Smart Rugby" to support player safety and "Coaching Kids Rugby" covering player management to U12 level. Many coaches also complete Australian Rugby Union Level 1 and Level 2 courses (highest level possible is Level 3). CJRC supports and pays for these qualifications.

The club also provides its own coach development and training programme targeted at the needs of each age group. We want all participants to enjoy their rugby as much as possible.

Beyond the above, we would ask that any parent with rugby experience to contribute to training through the season, working with the appointed Coach. This would be a small commitment of one or more weeks and to echo the previous comments regarding volunteering, is what our club is all about. Please liaise with the AGC, team manager & coaches if you believe you can help out.

Similarly the club is keen to develop and support referees. Parents and children over the age of 12 who are interested in becoming referees should contact our Referees Coordinator, Phil Austine referees@chatswoodjuniorrugby.com.au about attending a course and getting qualified. Courses are run by NSW Rugby. Refs are an essential part of good rugby!

Working with Children Check

The Working With Children Check (WWCC) is a requirement for anyone who works or volunteers in child-related work in NSW. Our Club insists that every Coach & Manager has a current WWCC in place. They are valid for 5 years and are free if you're a volunteer. Simply register on-line at the link below and advise the secretary@chatswoodjuniorrugby.com.au of your WWCC number.

<https://www.service.nsw.gov.au/transaction/apply-working-children-check>

Good Spectator Behaviour

Junior rugby can be very exciting, not just for the players, but for the spectators as well. Parents are reminded however that the game is played by children primarily for their own enjoyment. Regardless of the level of excitement or emotion generated during a game parents are expected to adhere to the behavioural guidelines as set out by CJRC and the NSW Rugby Union.

Behavioural guidelines are published on the CJRC website. Breaches of these guidelines are taken extremely seriously and may be reported by team coaches and managers to the club management or district organisers for disciplinary action. In certain circumstances this could involve suspension or expulsion from the club. Parents should also remember that their behaviour is also a reflection of our Club.

Some of the more important game day tips include:

- only ever shout encouragement;
- stand two metres back from the touchline (unless carrying out a team support role);
- never criticise the Referee; and
- comments/observations should only be brought to the attention of the relevant coach/manager offline at an appropriate time (i.e. out of range of players and other parents/spectators).

Parent Social Events

As a community club we encourage parents to enjoy their membership. Some of our social events for parents are:

- Introduction Night & Welcome function
- Team and age group dinners
- CJRC Gala night (Jun-July) a must-do event on the Chatswood social calendar. Frock up and get along to a fabulous night out!

Website & Facebook

We encourage you to make use of our website (www.chatswoodjuniorrugby.com.au) and Facebook (Like & follow us!) as primary points for information about the Club and its calendar. We are on Instagram too!

In addition you will receive important specific communication via emails or our mobile Team App throughout the season from the Club, Minis Coordinator, AGCs and Team Managers (including any updates concerning dates and times for Key Events throughout the year). Visit <https://cjsc.teamapp.com/> on your smart device to download the app.

Frequently Asked Questions

On our website you will also find a comprehensive set of FAQ's – Frequently Asked Questions. We hope you will find the answer to your queries but if not, please feel free to contact the Committee or AGC's.

A final word

Everyone involved in the club needs to remember that we are a family club drawn from across the North Shore from many schools, cultures and communities.

Much of our philosophy in aiming to be the best family club on the North Shore can be summarised in the sign below that you'll spot at home games.



See you on the field!

Jason Gay

Vice President, Minis | Chatswood Junior Rugby Club

The Best Family Club on the North Shore

m: [+61 406 040 354](tel:+61406040354) | e: vpminis@chatswoodjuniorrugby.com.au

[website](#) | [map](#) | [twitter](#) | [facebook](#) | [instagram](#)