
Chatswood Junior Rugby Club



Frequently Asked Questions

Season 2017 – First Edition

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Rugby

Q: History

A: Rugby as we know it originated in England in the mid-1800s. The roots of the game were in football or soccer. The first international was played in 1870. The game in Australia began around the 1860's.

Q: Is rugby dangerous?

A: Rugby is a contact sport and so injuries will occur from time-to-time. Having said that over 7 million players in 120 countries play the game and that number is growing. So inherently it's a safe sport. The emphasis with coaching and training is to teach our players how to play the game safely.

Injury rates for junior rugby in Australia are low and most injuries are classified as minor or mild (source: <http://sma.org.au/resources-advice/sports-fact-sheets/rugby-union/>).

Q: What are the skills required?

A: Rugby is a great sport as it's a team game that caters for all types of body shapes and isn't pre-disposed to certain physical characteristics. The types of skills include strength, speed, agility and ball handling and kicking skills.

Q: My kid has never played before - he doesn't know how to tackle!

A: The tackle is the most frequent event in a game. Therefore, there is a lot of instruction and training on tackling. Tackling starts in the under 8s age group and we run specific tackle training sessions during the pre-season for that age group. This training is delivered by professional coaches who work with the club.

Q: Will my child be playing the same rugby played at the Olympics?

A: Not really. The 2016 Olympics saw Rugby played for the first time. The variant of rugby at the Olympics is 7-a-side rugby. That variant has all of the usual facets of the game except that matches last 14 minutes in total and there are 7 players on each side. Certain laws have been adjusted to accommodate for those differences.

The rugby your child will be playing at Chatswood is progressive but will eventually end up being the 15-a-side game. The skills are interchangeable and Chatswood teams do compete occasionally in 7-a-side tournaments held as one-off events.

Games

Q: Game Styles

A: The style of game played differs depending on the age group. The diagram below depicts the key differences.

	U6	U7	U8	U9	U10	U11	U12
Game Style	Small-Sided Games	7-a-side Tag	7-a-side Tackle	10-a-side Tackle	12-a-side Tackle		15-a-side Tackle
Skills Focus	Evasion and Tag Catch and Pass Running Scoring Tries Enjoyment		Tackle Ruck Maul	Attack Defence	Kick in General Play Contested Scrum and Line-out		Positional Awareness
Playing Area	1/4 field		1/2 field		Full field less 10m width		Full field
Playing Time	2 x small-sided games, then 2 x 10min tag game	2 x 15 mins	2 x 15 mins	2 x 20 mins	2 x 20 mins		2 x 25 mins

All ages after the under 12s use the same style as the under 12s other than longer playing time and a few more detailed law variations.

Q: What uniform is needed?

A: All registered players will be given socks, training shirt and cap to keep. Players new to the club also receive shorts and a backpack to keep. The club will lend you a game jersey – this loan is for the season and will need to be returned once the season ends. The only other items required are a mouthguard (mandatory from the under 8s and up) and boots. Note that there is a \$50 penalty for failing to return the jersey at the end of the season.

Q: What about headgear?

A: It isn't mandatory and so it comes down to individual player preference. It's similar to the Wallabies where some players use headgear and others don't. Headgear protects the head from contact injuries when taking the ball into contact and also the ears of front-row players in scrums.

In 2017 all under 8s players receive headgear as part of their registration.

Q: What if my child gets hurt in a game?

A: Most injuries are minor and might require some time on the sideline. Each team has a first aid kit to treat minor injuries and all juniors games from the under 10s and up have a professional first aid officer on duty provided by the Sydney Junior Rugby Union.

Games ... continued

Q: Will my husband / wife need to referee like in junior soccer?

A: No. In the under 10s and up all referees are appointed by the Sydney Junior Rugby Union who run the competition. All of them are trained and qualified referees belonging to a referees association. In the under 9s and below the home team will appoint the referee, often the coach or a knowledgeable parent.

Anyone who referees a game in the under 8s and up, which involves tackling, must be SmartRugby qualified (see upcoming question about SmartRugby for more information).

Q: When are games played?

A: Under 5s to under 9s play on Saturday mornings. Under 10s to under 12s will either play on a Friday evening or Sunday morning. Under 13s and up will only play on Sundays.

Q: How far in advance do we need to turn up to games?

A: It's really the coach's preference. Generally in the very young age groups; under 7s and below; it'll be about 15 minutes before the start of the game. From the under 10s and up most coaches will ask you to be at the game venue between 45 minutes to an hour before kick-off.

Q: What needs to happen before the start of each game?

A: Players need to warm up and get ready for the game. In the under 10s and up the players will also need to "sign-on" which involves signing a pre-printed sheet beside their name. The sheet contains a list of players from both sides who are eligible to play. Your team Manager will organise the "sign-on".

Q: What if opposition spectators are abusing my child during a game?

A: Make an immediate complaint to your team's Ground Marshall. The Ground Marshall will inform the opposition Ground Marshall who is duty bound to attempt to stop the abuse. After the match discuss the incident with your Team Manager who will escalate it to the Vice-President for further action if necessary.

Games ... continued

Q: Is there a code of conduct for spectators?

A: The Sydney Junior Rugby Union are the competition organisers for the under 10s and up. They have a Code of Conduct that defines the expected behaviour of clubs in their competition. The code is on display at each game. Each team is required to provide a Ground Marshall who is responsible for policing the code of conduct for their own spectators. In particular the Ground Marshall must ensure there is no verbal abuse of match officials or players.

Q: Are games played in the rain?

A: Only if you're lucky. Running around playing rugby in the wet is one of the most fun things you can do. However, most grounds are managed by local councils and they tend to close them when it rains. This usually happens the day before a match and so your manager will let you know when this happens. As well as through TeamApp and our Facebook page.

Q: What about lightning?

A: Definitely not. There is a strict Lightning Safety Code in place. It works off the 30 / 30 rule where play is stopped once the lightning to thunder ratio reaches 30 seconds or less. Play only restarts 30 minutes after the last lightning or thunder was observed.

Q: I've heard about SmartRugby ... what is it?

A: SmartRugby is an occupational health and safety program for Australia's Rugby participants. It is a compulsory minimum requirement for every coach and referee participating in Rugby where there is a tackling component. So all club coaches in the under 8s and up must be SmartRugby qualified.

SmartRugby is mandatory requiring qualification every two years. To attain SmartRugby qualifications there is an online course that takes approximately 2 hours to complete.

Club

Q: How long has the Chatswood Junior Rugby Club been around?

A: Since 1947. We're one of the oldest junior rugby clubs in Sydney.

Q: Where is the home ground?

A: Beauchamp Park – Nicholson St, Chatswood. The ground is managed by the Willoughby Council but we have access to the ground and club house, including the canteen, during the season.

Q: It's called the 'Junior Rugby Club', is there a 'Senior Rugby Club' as well?

A: There sure is. It's simply called The Chatswood Rugby Club. The senior club was formed in 1912 and is also based at Beauchamp. It fields teams in the Sydney Suburban rugby competition (aka Subbies). The Seniors train on different days to us and so you won't really see them.

Q: How many players play for the club?

A: We expect around 360 this season.

Q: How many teams are there?

A: Between about 25 and 30 teams across all age groups.

Q: Are there social events for parents and kids?

A: We consider ourselves to be a very social club and parents mingling and socialising each Wednesday at training is testament to that. The club has numerous social events including Annual Gala Night and Presentation Day. A calendar of events is available on our website each season and these events are marketed in the lead up via Facebook, the monthly newsletter and adhoc communications.

Q: What about social media?

A: We have an active Facebook page that is updated frequently. Please like the page at <https://www.facebook.com/ChatswoodJuniorRugbyClub>. We also have an active Instagram page at <https://www.instagram.com/chatswoodjuniorrugby/>.

Club ... continued

Q: How does the club communicate to its parents and supporters?

A: Please find below a brief overview of Communication at Chatswood:

- **President's Newsletter**

Monthly update of club activities and notices from the President. Distributed via email to the club's parents and supporters mailing list and also on our website. If you'd like the newsletter emailed to you please send a request to Lyndon Burke the club secretary on secretary@chatswoodjuniorrugby.com.au

- **Website** – publicly accessible at <http://www.chatswoodjuniorrugby.com.au>

Regularly updated with news items and also a fantastic repository for all club policies and information documents such as; Season Q+A, Sports Injury Policy, Introduction to Minis, etc.

- **Management and Coaches emails**

All team managers or coaches will send their own weekly emails to team parents with game details and team-related news.

- **CJRC Team App**

This is our own CJRC smartphone and tablet app. Provides game schedules, news items, wet weather information, etc. Team Managers and Club management use the app to quickly and instantly communicate to team parents – so it's a good idea to get it. To get the app navigate to <http://cjrc.teamapp.com> from the browser on your smart device and follow the instructions to download from the Apple App Store or Google Play. Installation instructions can also be found on our website.

- **CJRC Facebook and Instagram**

Like us at <https://www.facebook.com/ChatswoodJuniorRugbyClub> and follow us at <http://www.instagram.com/chatswoodjuniorrugby>.

Club ... continued

Q: I love volunteering – can I do that at the club?

A: Fantastic. There are numerous ways you can help. Examples include; managing the team (a really important role), becoming qualified as a touch judge, helping in the canteen, using your professional skills to help the club from time-to-time, helping with fundraising for tours, helping organise tours, etc.

Contact the club President, Mark Frederikson, on 0419 781 336 or president@chatswoodjuniorrugby.com.au to discuss what volunteer roles would be most suitable.

Q: Did any Wallabies play for Chatswood?

A: Good question. There are several ex-Wallabies who are parents in the club. In fact some of them might end up coaching your child.

Q: Who runs the club?

A: There is a committee of volunteers made up of parents from the club. The committee meets monthly, or more frequently if needed, and makes all of the critical club level decisions. The committee meetings are open to all members and minutes are available on request by contacting the club Secretary.

The key roles on the committee are:

- Club President – Mark Frederikson (0419 781 336) – president@chatswoodjuniorrugby.com.au
- Vice-President Minis (u5s to u9s) – Jason Gay (0406 040 354) – vpminis@chatswoodjuniorrugby.com.au
- Vice-President Juniors (u10s and up) – Mal Hyslop (0412 505 904) – vpjuniors@chatswoodjuniorrugby.com.au
- Treasurer – Tony Re (0414 768 699) – treasurer@chatswoodjuniorrugby.com.au
- Secretary – Lyndon Burke (0402 622 370) – secretary@chatswoodjuniorrugby.com.au
- Registrar – Cameron McNeil (0401 213 909) – registrar@chatswoodjuniorrugby.com.au
- Sponsorship Co-ordinator – Mark Frederikson (0419 781 336) – president@chatswoodjuniorrugby.com.au

Club ... continued

Q: What about the Gordon Rugby club?

A: Gordon is a senior club that competes in the highest level of club rugby in Sydney; the Shute Shield. All junior clubs throughout Sydney must be affiliated with a senior club. Chatswood is affiliated to Gordon. Other junior clubs also affiliated to Gordon are; Roseville, Lindfield, Lane Cove, Killara-West Pymble, St Ives, Wahroonga and Hornsby. Collectively the junior clubs are referred to as Village Clubs.

Each year Gordon runs a representative program for players from under 11s and up. The best players from each age group are selected via trials involving all the Village Clubs to form Gordon representative teams. These Gordon representative teams compete in an annual State Championship against other representative teams from all over NSW and some interstate teams as well.

Q: What is the club logo?

A: It's a Stag – which is an adult male deer. We have the same logo as the Gordon Club which we are affiliated with.

Q: Do registration fees cover all of the club's costs?

A: No they don't. The club also relies on earnings from the canteen, fundraising and sponsors to cover our costs.

Q: Who are the club's sponsors in 2017?

A: The major sponsors in 2017 are Chatswood RSL, Alto Land Rover and The Willoughby Hotel.

Q: I'm interested in sponsoring the club – how do I go about doing this?

A: Sponsoring the club is a great way to gain exposure for your business and we're glad you're interested.

We're always on the lookout for new sponsors and there are numerous packages available that are suited to all different types of businesses.

Please contact Mark Frederikson our President on 0419 781 336 or president@chatswoodjuniorrugby.com.au and he'll discuss the various opportunities available.

Training

Q: Where is training held?

A: At Beauchamp Park – Nicholson St, Chatswood.

Q: When is training held?

A: For almost all teams it'll be on Wednesday evenings. The under 14's train on Thursday evening. The club has access to Beauchamp on Tuesday, Wednesday and Thursday evenings.

In 2017 the first training session of the year is on Wednesday the 22nd of February.

Q: What time is training?

A: There are different start times for each age group. Depending on the age group the session will either be 1 hour or 1.5 hours. Training starts at 4pm and the under 5s to the under 9s are all done by 6pm. Training for the under 10s and up runs from 6pm until about 8:30pm.

Q: Is there a canteen?

A: You bet. The canteen operates each Wednesday and there's a BBQ each time as well. Many parents buy their kids a BBQ dinner after training each week.

Q: Who does the coaching at training?

A: Each team has one head coach and sometimes one or more assistant coaches. The coaches are usually parents of players in the team, although some teams; mainly in the older age groups, have independent coaches.

The club has an agreement with Try Time Rugby to provide specialist and professional coaching services to the club. Try Time is a company that has experienced and highly credentialed coaches working for it. A coach from Try Time will be at training each Wednesday to work with each age group.

On top of that Try Time runs specialist training sessions for the Chatswood players from time to time. For example, they will be running a couple of sessions in the pre-season for the under 8s to teach them about tackling. The club has organised this as under 8s is the age group when tackling is first introduced.

Team

Q: Who runs the team?

A: Each team is run by the coach and the manager. Both of these roles will normally be filled by parents of players in the team. However, some age groups; usually the later ones; have an independent coach.

The coach is responsible for the performance of the team on the field and will run the training sessions as well as the game. The manager is responsible for all other tasks involving the team. These include communicating with the parents in the team, providing details about upcoming games, ensuring all players are registered properly, ensuring that volunteers have been organised; such as the touch judges for the game and Ground Marshall, organising transport if needed, arranging stand-in substitute players from other teams in the age group if regular players aren't available, performing all of the paperwork like recording who plays each game and the match results on the Sydney Junior Rugby Union's online portal, organising half-time refreshments and match awards, etc.

Q: How many players are there in a team?

A: It depends on the age group. In the minis there are 7 players on the field and so teams will have around 10 players. This continues until the under 8s. In the under 9s there are 10 players on the field and so teams will have between 14 and 16 players. In the under 10s and under 11s games move to 12 players on the field. These teams will have between 14 and 18 players. From the under 12s and up there are 15 players on the field. In these age groups the squads tend to be 20 or more.

Sydney Junior Rugby Union rules allow a maximum of 18 players to "sign-on" for games in the under 10s and under 11s and a maximum of 23 players to "sign-on" for games in the under 12s and up. Only signed-on players are allowed to take the field at any time during the game.

Q: Are boys and girls in the same team?

A: Yes. Teams are mixed up to and including the under 12s. The Australian Rugby Union has policies that restrict females 13 years and older from playing against males.

At this stage there are no female only competitions in Sydney for the under 13s up to the under 17s. However, with the inclusion of rugby in the Olympics that could change in the near future.

Team ... continued

Q: What needs to happen each week?

A: The only things you need to do each week are turn up for training and turn up for games in uniform and with your mouthguard.

Q: Have all adults involved done the Working with Children Check?

A: Yes they have. The regulation specifies that the Working with Children Check is not required if a parent is volunteering for a team that their own child is a member of. However, we request that all coaches and managers get the Working with Children Check done.

Q: What volunteer roles are required at each game?

A: From the under 10s and up there are specific volunteer roles required at each game:

- Each team must provide an Assistant Referee (touch judge) to run the sideline and assist the nominated game referee during the game.
- The Assistant Referee must have completed the required training and attained accreditation. It's a good idea to have at least 2 parents qualified so they can share this role during the season. To get accredited you need to attend a 3 hour Assistant Referee Level 1 Workshop and pass an exam. All courses are run by the Australian Rugby Union.
- Each team must also provide a Ground Marshall. The Ground Marshall of each team wears an orange vest and is responsible for ensuring their own team's spectators are well-behaved during the game. Specifically, ensuring that all spectators refrain from verbal abuse and any other breaches of the Sydney Junior Rugby Union Code of Conduct
- For home games if your team is the first or last game rostered you'll be expected to set the ground up and pack it away.

Season

Q: Who talks to the other clubs to organise the games?

A: In the minis all of the junior clubs across the North Shore get together before the start of the season and organise the season long draw. In the juniors the competition is organised by the Sydney Junior Rugby Union who create and manage the draw.

Q: How long does the season last for?

A: The Sydney Junior Rugby Union season runs from the start of April until the start of September. There are pre-season trial games held in March that are orchestrated by the clubs themselves. The minis usually start a few weeks after the start of the juniors and run until early or mid-August.

Q: Are games played each week?

A: Yes they are.

Q: What about during school holidays?

A: There are no games played during the school holidays so clubs and players can take a break.

Q: What time do games start?

A: The start times are published with the draw. Start times in the minis are dependent on age group but game are usually played between 8am until 11am on a Saturday morning.

For the juniors the games that are held on Friday night usually start around 6pm. If there are 2 back-to-back games on a Friday they'll both be finished by 8pm. Sunday games are held between 9am and 1pm.

Season ... continued

Q: What about misconduct or foul play by players during a game?

A: Typically the referee will deal with the incident and no further action is necessary. In the juniors the Sydney Junior Rugby Union has a citing, judiciary and subsequent appeals process for all matches under its control.

In any game the referee can give out yellow cards and red cards to punish serious offences. In addition the referee has at his or her discretion the option to cite a player to be dealt with by the Sydney Junior Rugby Union's processes. Clubs also have the ability to cite opposition players if they believe a serious breach has occurred. The Sydney Junior Rugby Union will either dismiss the citing, hand out a punishment or refer the case to the judiciary.

Q: How do we know our opponents are the same standard as us?

A: In the minis where the emphasis is on fun and fundamental skills development a mismatch in standards is rare. In the juniors the Sydney Junior Rugby Union competition is a graded competition. Clubs are responsible for forming teams of players with similar abilities. At Chatswood we will run internal trials in any age group which has more than one team so that we can grade the players appropriately.

Following this we will nominate what grade we think each of our teams should be in; i.e. A-F depending on the depth in the competition. We then submit this to the Sydney Junior Rugby Union. They then use this information to form the competition by dividing all the teams for a given age group across the grades in each age group. In theory all teams in the same grade should be the same standard.

If it turns out that some teams in a grade are especially dominant and other teams are especially weak then the Sydney Junior Rugby Union can move them between grades at its discretion. This regrading occurs prior to round 4 of the competition. If we feel one of our teams has been wrongly graded we can also submit a regrading request on behalf of that team to the Sydney Junior Rugby Union for consideration. This must be done prior to round 4 as well.

Registration

Q: Age groupings – how do they work?

A: The age group you're in depends on your age at the start of the year. For example, if you're 5 at the start of the year then you're in the under 6s, etc. For players born on the 1st of January the grouping is based on how old you were on the 31st of December of the previous year. So if you turn 6 on the 1st of January you're in the under 6s too.

Q: Are all kids in the same team the same age?

A: Generally they are. Although in certain exceptional cases a player might be a year younger than everyone else in the team. For example, you might have an under 9s team where one of the players in the team actually qualifies for the under 8s age group and should technically be in a team in the under 8s.

The practice isn't recommended but it does occur sometimes. Particularly when a player has joined the club very young and plays with the same team as it progresses through the years.

Q: My child wants to play in a higher age group with his school friends?

A: As a club we generally discourage this practice due to the potential safety risks of playing against opponents who are a year older. The style of game that each age group plays is tailored to the skills and abilities of that specific age group and from a duty of care perspective we prefer if players play in their own age group.

However, there are exceptions to this rule and requests are assessed individually by the appropriate Vice-President and a decision made.

Q: How do we register?

A: Registration is done online at <http://cjug.by/rego> (this will redirect you to the Australian Rugby Union's Registration page for Chatswood). There are instructions on how to register at the club's website <http://www.chatswoodjuniorrugby.com.au>.

Q: What are the fees?

A: Registration fees are based on age group; under 5s - \$150; u6s to u9s - \$205 and u10s and up - \$235. There is a discount of \$20 each for siblings registered within a family.

Q: I tried registering but I hit problems – how do I get help?

A: Please contact the club Registrar, Cameron McNeil on 0401 213 909 or via email on registrar@chatswoodjuniorrugby.com.au.

Registration ... continued

Q: What do we get for the fees?

A: Your registration fees cover gear, insurances, coaching, competition administration fees and individual player participation fees from the Australian Rugby Union.

Each registered player receives their very own:

- Headgear (under 8s only)
- Training Shirt
- Socks
- Cap
- Shorts (new players to the club only)
- Backpack with their initials (new players to the club only)
- Rugby Ball (under 5s players only)

Q: Can I pay the fees in cash?

A: No, unfortunately we cannot accept payments in cash. You can pay via credit card when you register on the web or a bank transfer to the club's bank account.

Q: What about internet banking?

A: Yes you can. Please contact the club Registrar, Cameron McNeil on 0401 213 909 or via email on registrar@chatswoodjuniorrugby.com.au for bank details.

Q: Is medical insurance included?

A: Yes. Part of your registration fees are used to pay for the ARU Insurance Plan. This plan covers all registered players for injuries whilst engaging in rugby for the club; whether it be at training, during a game or overseas or interstate on a club tour.

The insurance coverage is for medical expenses that are not in any way covered by Medicare and after reimbursement from your Private Health Fund. Examples of items covered include; physiotherapy, dental, hire of artificial aids such as splints and crutches, etc.

Q: What's the last day to register?

A: Registrations close on Friday the 31st of March but the earlier you get it done the better.

Gear

Q: My kid is quite big or small – will the gear fit?

A: The gear will be individually sized for each player. So before the start of the season your team manager will organise a fitting session where each player will get to try on gear. The sizes will then be noted and an order prepared for Paladin Sports who we source our gear from. A few weeks later the ordered items will be delivered to the club and your team manager will organise distribution.

Q: What if we need extra gear during the season?

A: Our gear supplier, Paladin Sports, has a Chatswood Club Shop accessible via their website (<https://www.paladinsports.com.au/chatswood-junior-rugby-club>). During the season you can purchase items from the shop and they'll be delivered to you at home.

Q: Is there merchandise for the supporters can buy?

A: There sure is. Also available for purchase from the Chatswood Club Shop on the Paladin Sports website (<https://www.paladinsports.com.au/chatswood-junior-rugby-club>).

Touring

Q: Chatswood supports touring – what does that mean?

A: As a club we encourage and promote age groups to travel either interstate or overseas to play games against junior teams in those places. The objectives behind any club tour are to:

- Provide an inclusive and affordable opportunity for all players in an age group to participate and bond as a group;
- Players to have FUN, FUN & MORE FUN;
- Provide opportunities for player development on and off the field;
- Allow players to experience and enjoy playing against teams with different styles;
- Allow players to experience different cultures and customs by visiting places of interest.

The Chatswood Committee will provide whatever assistance necessary to enable interested age groups to tour. This includes help by passing on past knowledge of successful tours, direct financial assistance, promoting and encouraging whole-of-club support for tour fundraising activities, brokering contacts with overseas and interstate clubs who we have relationships with from previous tours, etc.

Q: What tours has the club organised?

A: The club has completed the following tours:

- Under 11s Tour to Queensland – 2012
- Under 14s Tour to Japan – 2014
- Under 13s Tour to Hong Kong – 2015
- Under 14s Tour to New Zealand – 2015

Q: How much does a tour cost?

A: The amount to be paid directly by each parent is offset by the amount of money generated through fundraising. For example, the Under 14s Tour to New Zealand in 2015 required each parent to directly contribute \$600. The remaining funds needed to send a group of 21 players to New Zealand for 10 days was covered by fundraising.

Touring ... continued

Q: Do parents need to go on tour as well?

A: Not at all. The touring party will include a number of parents who are there in an official capacity. Through experience the ratio of 1 adult to 4 players works well.

The adult roles on tour include; Tour Manager, Assistant Manager, Head Coach, Assistant Coach, Medical Officer, Translator, Gear Steward, and Correspondent/Photographer. Some of the adults on tour will fill multiple roles.

Q: When is the next tour?

A: From 2016 forward the club aspired to have 2 age groups touring each year:

- Under 11s interstate tour
- Under 14s overseas tour

This scheme has not yet been fully implemented and in 2017 the following age groups are touring:

- Under 13s Tour to New Zealand
- Under 14s Tour to Japan

Representative Rugby

Q: My kid is a gun! What are the options for more advanced rugby?

A: As a club we pride ourselves on providing the best platform that caters for all players whatever their rugby aspirations may be. So we aim to meet the needs of kids who want nothing more than to have fun with their mates each weekend through to players who have dreams of a career in professional rugby one day.

For players from the under 11s and up there is an annual State Championship that is held over the Queens Birthday long weekend in June. There are representative teams from each age group that are affiliated with a senior club. For Chatswood players selected via open trials they would become members of the Gordon representative team. This team would play in a competition against other Sydney representative teams such as Randwick, Warringah, Manly, etc. as well as interstate teams such as the ACT, South Australia and Victoria.

Each year there are usually quite a lot of Chatswood players that get selected into Gordon representative teams and some of Gordon's representative teams are coached by Chatswood coaches. Your team manager will inform all players about the timing and venue for Gordon trials.

Once players get to the under 14s age group they can trial and be selected for the Junior Gold Cup competition. The Junior Gold Cup is a competition run by the Australian Rugby Union and is the first step on the pathway to the Wallabies. In 2016 there were four players from Chatswood selected in Junior Gold Cup representative teams. These players will play Junior Gold Cup games locally as well as interstate.