FUN I FRIENDSHIP I FITNESS

# Play Junior Rugby with Chatswood

The Chatswood Junior Rugby Club welcomes all boys and girls from under-5s up for the 2018 season.

### At Chatswood we offer:

- Coaching Excellence including professional coaches
- Yearly Interstate and Overseas
  Tours for different age groups
- Fabulous family atmosphere
- and social events
- Clubhouse and Canteen

## Great gear for new players:

- Backpack with player initials
- Chatswood cap
- Training T-Shirt
- Shorts & Socks

#### GAME STYLES Mini Rugby Junior Rugby

u8 to u9

u5 to u7 No tackling, touch rugby only Emphasis on fun & enjoyment Develop basic rugby skills Small field 7-a-side games

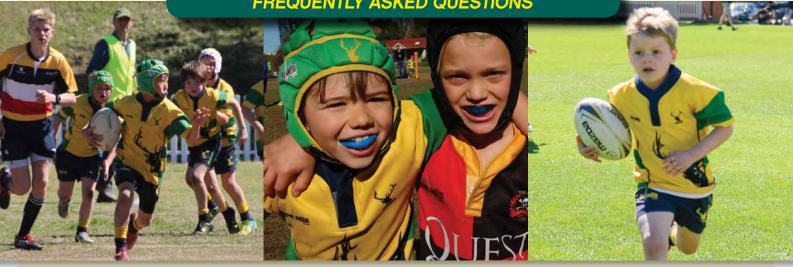
Starting to tackle Develop more advanced skills ½ sized field 7 to 10-a-side games 15 to 20 minute halves u10 to u16 Games largely resemble senior rugby Further skill advancement full sized field 12 to 15-a-side games 20 to 30 minute halves



NOT SURE? WANT TO CHECK IT OUT FIRST? TRY RUGBY DAY & TACKLE CLINIC BEAUCHAMP PARK SUNDAY 18<sup>TH</sup> FEBRUARY 2018, 10AM TO MIDDAY



#### FREQUENTLY ASKED QUESTIONS



- Training is at Beauchamp Park in Chatswood each Wednesday from 4pm onwards ... different start times for each age group.
- Rugby is for boys and girls ... although mixed teams end in the under 13s.
- The age group you're in depends on how old you're turning that year. So players turning 6 in 2018 will be in the under 6s, etc.
- Game styles and rules have been modified to suit each age group ... under 5s to under 7s is purely non-contact.
- The first training session is on Wednesday 28th of February.
- The first round of games is the weekend of the 8th of April.
- Games are on Saturday mornings for the u5s to u9s and either Friday evenings or Sunday for u10s and up.

- The season finishes at the end of August with no games during any school holidays.
- Your registration fees cover gear, insurances, coaching, competition administration fees and individual player participation fees from the Australian Rugby Union.
- Every team has a dedicated manager who is one of the parents in the team. They will communicate important information to you weekly including game details, etc. \$100 OFF REGO FEES and they're there WITH YOUR FREE ACTIVE to help you out whenever. KIDS VOUCHER

https://sport.nsw.gov.au/ sectordevelopment/activekids



Come along in person to the club's Try Rugby Day at Beauchamp Park on Sunday 18th February 2018 between 10am and midday; OR

Contact Cameron McNeil мов. 0401 213 909 еман. registrar@chatswoodjuniorrugby.com.au

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